1. Which component of transcultural nursing has been greatly supported through the research conducted by anthropologists?
   A) Nursing interventions planned on the basis of age and developmental norms.
   B) Evaluation of the understanding of risk factors based on cognitive function.
   C) Implementation of nursing care, respectful of the individual's economic status.
   D) Assessment of woman's ability to function successfully in her role within the family.

2. Which is the basis to support the need for transcultural nursing in a health care setting that serves a multicultural metropolitan community?
   A) The nursing responsibility to provide nursing care for each patient that demonstrates respect and acceptance.
   B) The ever-expanding numbers of immigrants entering the United States requiring physical and mental health care.
   C) The diversity seen in the values, beliefs, behaviors, as well as physical and mental characteristics of the client population.
   D) The varying economic and social backgrounds represented in the population present unique barriers to health care delivery.

3. Which assessment question shows an understanding of the impact of cultural beliefs and behaviors on a client's demonstration of pain?
   A) “Can you describe the pain you are experiencing for me?”
   B) “Do you understand the long-term effects of chronic pain?”
   C) “Have you ever taken medication to help control your pain?”
   D) “How can I help you deal with the pain you are experiencing?”

4. Which nursing intervention demonstrates an understanding of the full scope on culturally sensitive nursing care?
   A) When planning a teenaged focused educational program on sexuality, both homosexual and heterosexual lifestyle choices are discussed.
   B) When assessing a recently immigrated Hispanic's ability to both speak and read the English language when preparing discharge teaching.
   C) Including both Eastern traditional folk treatments and Western medical therapies into the care plan of a Chinese patient.
   D) Directing a discussion concerning treatment options for an Arab female toward the family's elder male members.
5. Which statement exhibits an understanding of the meaning of culturally congruent nursing care?
   A) “Care that is culturally congruent is a client right of all ethnically diversified individuals.”
   B) “I have a nursing responsibility to always provide culturally congruent nursing care.”
   C) “Providing culturally congruent nursing care offers care the client has confidence in.”
   D) “Outcomes are so much better when the care is delivered in a culturally congruent manner.”

6. Which nursing intervention demonstrates one of the strengths of the transcultural nursing Theory of Culture Care Diversity and Universality?
   A) Planning treatments around the praying schedule of a Muslim client.
   B) Encouraging a Chinese client to explain the concept of “Ying and Yang.”
   C) Assessing for stress factors affecting a Haitian client as well as her immediate family.
   D) Evaluating the reading comprehension of a client for whom English is a second language.

7. According to Purnell Model for Cultural Competence, what initially indoctrinates an individual to cultural norms?
   A) Genetics
   B) Family
   C) Community
   D) Peers

8. Which nursing intervention demonstrates an avoidance of one of the cited criticisms of current transcultural nursing theories?
   A) Asking the Jewish client whether he or she will need a kosher diet menu.
   B) Making sure that a Catholic client's rosary beads are always within easy reach.
   C) Encouraging a German World War II veteran to talk about his military experiences.
   D) Suggesting that an obese Irish American minimize consumption of beer and potatoes.
9. Which activity would be best supported by the Council on Nursing and Anthropology Association?
   A) A multidisciplinary research project on the effects of culture on pain management plans.
   B) Revising facility visitation policies to support cultures in which family members remain with the client.
   C) Organizing a rally to raise awareness of the need for a local free clinic to serve cultural diverse families.
   D) Providing staff education regarding the dietary traditions of both the local Jewish and Arab populations.

10. When applying for certification as a transcultural nurse, which activity best supports the need to possess appropriate specialized knowledge?
    A) Membership in two nursing orientations whose focus is transcultural nursing care.
    B) Letters of reference from facility administration supporting the awarding of the certification.
    C) Documentation proofing a work history in facilities that serve a cultural diverse population.
    D) A portfolio showing completion of educational classes that support culturally congruent nursing.
Answer Key

1. D
2. C
3. D
4. A
5. C
6. C
7. B
8. A
9. A
10. D